
GRANDMA'S CORNER - VALENTINES⁰⁰⁷



NO BAKE CHERRY CHEESECAKE

Back in the days when we had Auberge Schweizer, one of our guests' favorite deserts was Mary's *No Bake Cheese Cake*. It's the perfect recipe for **Valentine's Day**.

GRAHAM CRACKER CRUST

1/4 cup graham cracker crumbs
1/4 cup melted unsalted butter
1/4 cup white sugar

FILLING

8 oz (250 ml) softened cream cheese
1 cup white sugar
1 tsp vanilla
1 cup heavy whipping cream
1 can cherry pie filling
(Instead of cherry you can use strawberries - thickened with a bit of cornstarch or flour and sweetened)

METHOD

- Mix ingredients for crust and press into greased 8 inch baking dish (Reserve a bit of crust mixture for topping)
- Beat cream cheese, sugar and vanilla
- Beat whipping cream and fold into cheese mixture
- Pour onto crust and chill for 2-3 hours
- Pour pie filling over the chilled cheesecake
- Sprinkle reserved crust crumbs over the top
- Chill, serve and enjoy!



LOOKING BACK...A BIT OF HISTORY



My biggest pleasure of growing up on a farm was all the animals - the kittens, the calves, the horses and chickens, and the little piglets. Where did that silly cat hide her kittens? It was time for an adventure in the haystack to find them.

I gave each animal a special name, including our cow who had a yellow tinge to her fur. I named her, "Gelbie", German for yellow.

When we had two baby goats who lost their mother, I taught the two babies to drink from Gelbie's udder. It wasn't easy! I had to teach the little one to put her hooves on her sibling so she could reach the teats. It was so cute to watch the little goats follow the cow in the field.



We had two work horses named Bobby and Jack and I rode them bareback all over the farm. One day I rode them under a maple tree and to my horror, I got caught in the branches while the horse happily galloped away.



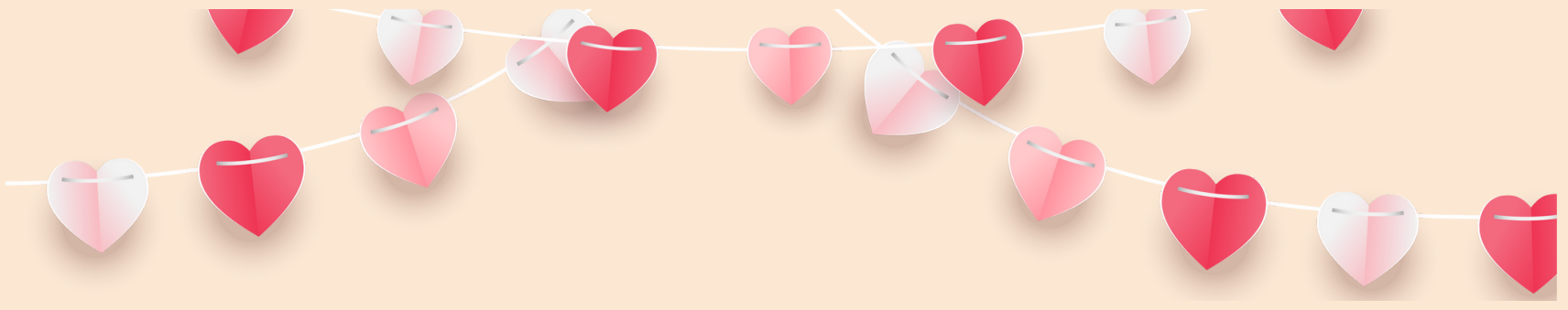
Oh the memories and joy of growing up, free to run, roam, work, and play on a farm called Schweizer's - my precious home.



-Pauline

There is no remedy for love but to love more
-Henry David Thoreau

Reflections on Love...



I project myself into the future, envisioning a time when I'm at the end of my life and I think about the aspects of my past that would be the most important for me. I always arrive at the same conclusion: meaningful relationships with others - nothing tops it.

Cultivating strong relationships plays an important role in mental well-being, diminishing anxiety and depression while enhancing overall health and lifespan. As Valentine's Day approaches, let's make a conscious effort to reach out to those around us. Take the time to engage in conversations, share laughter, offer hugs, provide support, exchange ideas, and lend a listening ear.

Simple gestures, like sharing homemade cookies with a neighbor or delivering a comforting bowl of soup, can bridge the gap created by loneliness. Visiting those who live alone, inviting someone for a meal, or enjoying a walk together not only lifts your own spirits but also contributes to the collective well-being of our community.

In a world marked by increasing isolation, may we grasp the opportunity to strengthen the fabric of our connections. This Valentine's Day may the power of person-to-person communication be a reminder of the profound impact we can have on one another's lives.

by Christine Canzani
(eldest daughter to Pauline)